

Inspiration from Mothers, Soldiers & Memorial Day

I'd like to share a few passages about Mom and War Stories. They may not seem related, but they are, especially when you consider how many mothers give their sons and daughters up to the Cause of Freedom.

Mother's come in all shapes and sizes, just like stories. Today, I'm giving you a few tasty morsels, so when these stories "go live" on our community site...Read More

Seven Good Reasons Why Capturing Your Mom's Story Is A Great Investment

Reliving the life of your Mom in a brain-limbic and heart-centered way provides greater compassion and connection for the people we love. This is the work I do. I pull out the stories in your mother's, grandmother's, daughter's, aunt's, sister's or any mothering mentor's brain who has mothered you. I do this easily by phone or in person. ...Read More



Heather Martin of Satya Solutions Supports Me & My Truth In Marketing Mayhem



I innovate the cumbersome streamlining publishing for people and their stories so that the experience is user-friendly in capturing your stories into thin, easy-to-read books.But people aren't going to trust how easy this process is unless I resonate with what they are needing and what excites them. ...Read More

How to breathe life into you

Tremendous vitality lives in us when we are clear and present. It's our life essence, and it's effortless to get to know her. Your breath carries you to her anytime you want to know her. She knows the answers to your questions if you listen long enough to hear her and she is more than willing to go above and beyond what's necessary to help you....Read More



